



# SEX AND RELATIONSHIPS EDUCATION

Policy agreed and ratified by Governing Body May 2018  
Review date: May 2021

## **SEX & RELATIONSHIPS EDUCATION (SRE)**

Sex and Relationship Education is 'the lifelong learning about physical, moral and emotional development. It is the understanding about the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.' (sex and Relationship Education Guidance 2000 DFEE)

### **RESPONSIBILITIES:**

The Governing Body is responsible for deciding that Sex Education is part of the taught curriculum at Calmore Junior School. The Head and teaching staff are responsible for delivering the agreed programme. The Governors are responsible for ensuring that parents are consulted about the materials and resources used

### **INTENT:**

The Governing Body of Calmore Junior School is committed to equality for everyone across all aspects of school life. We aim to ensure that equality is incorporated into existing and future policies to eliminate unlawful discrimination, harassment and victimisation and to advance equality of opportunity between different groups with particular emphasis towards the "protected characteristics" now enshrined in the Equality Act 2010.

### **PURPOSE:**

This policy defines the position of the Governing Body at Calmore Junior School on Sex Education in the School. It describes the way in which Sex Education is taught, the materials and resources used, and the ways in which parents are consulted.

### **RATIONALE:**

The Governing Body at Calmore Junior School believes that Sex Education should be taught at the school, within a curriculum which promotes the spiritual, moral, cultural, mental and physical development of pupils at the School and prepares pupils for the opportunities, responsibilities and experiences of adult life. The approach to Sex Education adheres to legislation and is conducted within a caring, moral framework.

Sex Education is an important part of a child's life – which we believe should be taught through a partnership between parents, carers and the school.

Primary school children are often already aware of sexual issues through the television, other media forms and their peers. They form their own perceptions and misconceptions in an effort to explain the world around them. Questions related to sex and relationships education arise naturally as part of family life, plant and animal studies, literature and religious education. Children want, and need, to know about the physical changes that take place or are taking place in their bodies and how these may affect them physically and emotionally.

Sex and Relationship Education (SRE) enables pupils to mature, to build up their confidence and self-esteem and understand the reasons for delaying sexual activity. It also teaches respect for oneself and for others. Sex Education does help to prevent, in the future, unplanned pregnancies and sexually transmitted infections.

### **MORAL AND VALUES FRAMEWORK:**

The sex and relationships education programme will reflect the ethos of the school promoting and encouraging the following values:-

- 1. The value of respect, love and care*
- 2. Respect for self*
- 3. Respect for others*
- 4. Taking responsibility for own actions*

5. Responsibility for family, friends, school and the wider community and an understanding of their value

6. A positive attitude to healthy lifestyle and keeping safe.

## **Aims**

- To develop the children's self-esteem and knowledge to enable them to move with confidence from childhood through adolescence to adulthood.
- To meet the needs of pupils through the provision of a balanced programme providing accurate and appropriate information, developing skills and exploring attitudes at each stage in a pupil's development.
- To provide a sensitive climate in which aspects of sex education can be discussed, in an open and honest manner, where children's appropriate questions are answered frankly and factually with due regard to their age and maturity.
- To encourage communication by providing a vocabulary of accurate terms for discussing matters without embarrassment or offence.
- To ensure that discussions reflect the value of family life and stable, supportive relationships.
- To provide SRE in a way that takes into account the different needs and backgrounds of children, in line with our Policy on Equal Opportunities.
- To inform parents of our aims and ensure that the carefully considered progression of the planned programme and the sensitive and caring approach to SRE at Calmore encourages parents not to exercise their right to withdraw their children from SRE lessons.

## **Withdrawal**

- Parents have the right to withdraw their child from all or part of the Sex Education curriculum except those parts that are covered by the science orders of curriculum 2015 (updated May 2015) and general PSHE topics relating to relationships.
- Parents wishing to do this need to clarify whether withdrawal is for all or part of the curriculum.

If parents decide that they do not wish for their child to be taught the planned programme they are required to inform the headteacher.

As sex education is a part of Sex and **Relationships** Education, work on feelings, values and relationships will be available to all children and are not covered by withdrawal procedures.

### **Teaching Methods**

- All teachers are expected to leave aside any of their own values or judgements, and adhere to the moral framework as outlined above.
- A carefully planned scheme of work provides activities that are co-ordinated, differentiated, progressive and challenging.
- A wide range of materials/resources are available to each year group ensuring continuity and progression.
- The National Curriculum programme of study for Science is used to plan sex education schemes of work. The governing body regularly review, monitor and approve materials and teaching of sex education.
- Sex education is taught only by the class teacher or another permanent member of staff who the children know very well. Emphasis is placed on a sensitive, supportive and caring delivery of this subject. The children take an active part in all sessions and time is given for reflection and discussion.
- Most aspects of the subject are taught to whole class groups, but same sex groups, smaller groups and/or individual conferences are also used/available when required.

### **The Sex and Relationships Education Programme**

Sex and Relationships Education (SRE) at the school is delivered within the Personal, Social, Health Education (PSHE) Curriculum and complies with the statutory minimum requirements of National Curriculum Science.

This policy was formulated through use of a range of national documents including Sex and Relationships Guidance (DfES 2000, 0116/2000)

It has been developed by the school's Headteacher/ PSHE Manager with the needs of the children of this school in mind as they progress towards puberty.

Children will go on to adolescence with knowledge of the facts of puberty and the mechanics of reproduction supported by the understanding and skills to have positive and caring relationships. They will learn to have respect for each other and the needs and feelings of the opposite sex and better able to deal with some of the problems and challenges associated with growing up.

### **Entitlement & Differentiation**

All children are entitled to access the Sex Education programme at a level appropriate to their individual needs; including those with special educational needs. This is achieved by differentiation with regard to learning objectives, maturity of the children, tasks, teaching methods and resources.

### **Child Protection**

- We have a Child Protection Policy in place.
- Where issues of possible child sexual abuse may arise as part of the Sex Education Programme, staff are directed to follow the agreed procedure as outlined in the Child Protection Policy.

### **Confidentiality**

As a general rule, the child's right to confidentiality will be respected by all staff at all times, unless it is felt that the child is in danger. The Child Protection procedure will be followed.

## **Curriculum**

### **Year 3**

Cover friendships/relationships and Healthy eating and Teeth.

### **Year 4**

Ups & Downs in relationships & Staying Healthy

### **Year 5**

It's My Body, Life Cycles of Animals & Puberty & Menstruation

### **Year 6**

Healthy bodies including effects of drugs & harmful substances, Sexuality & Sexual health

As part of this unit, children will watch the Channel 4 'Living and Growing' DVD programme How Babies are Made. (In the DVD it does mention contraception and masturbation)

### **Answering Difficult Questions:**

Each class should create an agreed set of ground rules that should prevent inappropriate discussion.

Question boxes are used to enable the children to ask questions without embarrassment and are dealt with at the discretion of the class teacher.

Sometimes an individual child will ask an explicit or difficult question in the classroom. Questions do not have to be answered directly and can be addressed individually later.

This school believes that individual teachers must use their skills and discretion in these situations and refer to the teacher responsible for PHSE if they are concerned.

### **10. Working with Parents:**

We expect parents to:

- Be the key people in teaching their child about sex, relationships and growing up
- Work in partnership with the school on the content of SRE programmes

### **11. Monitoring and Evaluation of this Policy**

- The governors have been consulted on this policy and have ratified it. The lead governor for PSHE supports the PSHE Manager in monitoring the implementation of this policy.
- This policy will be reviewed every two years unless amendments are necessary due to new legislation.
- Monitoring takes place through liaison between the PSHE Manager, class teachers and pupils.

### **12. Linked policies**

This policy should be read in conjunction with other related school policies, including:

- PSHE Policy
- Confidentiality Policy
- Child Protection Policy
- Health and Safety Policy
- Teaching and Learning Policy
- Drugs Education Policy

### **13. Dissemination**

This policy is publicised to all in the school community through:  
Website