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Deputy Head teacher Mr N Darch BA QTS (Hons)
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Dear Parents/Carers,

We are very excited to announce that from January 2025, a new company will be supplying our school meals!

As some of you may be aware, our current catering provider, HC3S, raised the cost of their school meals this year, however this increase in school meal price was not matched by Government funding. This price hike, coupled with the reduction in the range of food supplied by HC3S, as well as varying supply issues, and quality/quantity of food has led us to look elsewhere for our catering provider.

We have spent a considerable amount of time researching other catering providers and taking part in a tender process to ensure that we have the very best food for our children, and have decided to go with ABM Catering Solutions, who operate under the working name 'Grow', which is currently the company that Calmore Infants School use.

I have attached Grow's three week rolling menu, which will start when the children come back in January. You will note that the menus are in a similar format to HC3S (i.e. a meat based option, a vegetarian option and then either a jacket potato with a choice of three fillings or a pasta option.

The range of food choices are significantly larger and more varied. As well as the main meal options, the children will choose each day, there will also be freshly baked bread, seasonal salad bar, seasonal fruit, fruit yoghurt and fruit jelly. The cost of the school meal will now be £2.85 which is extremely good value compared to the previous cost of £3.20.

I hope you will be as excited as we are about this new menu and the variety of meal choices for your children.

We are also really pleased that our current kitchen staff will be retained and Jane and her team will still be in school every day cooking, preparing and serving the children as usual.

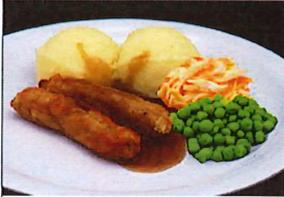
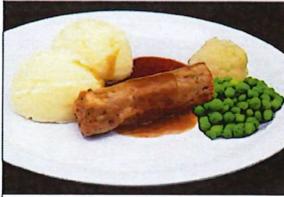
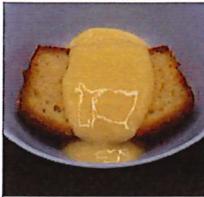
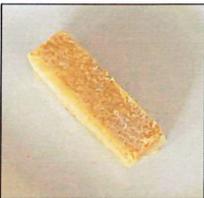
If you have any questions regarding any of the above, please come and speak to the School Office.

Kind regards

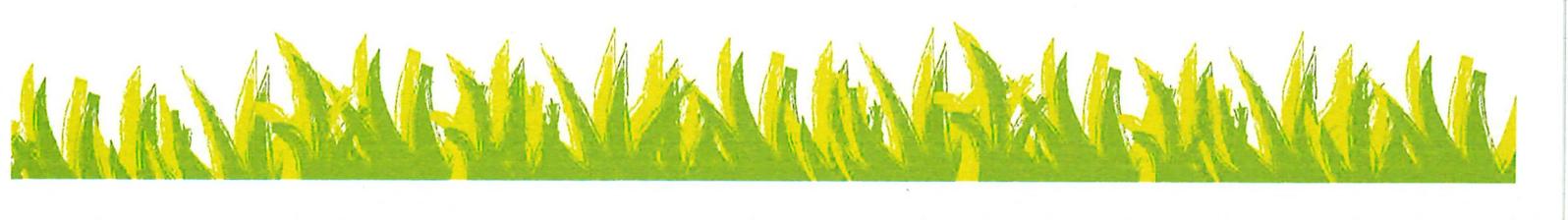
Cathy Ingram

Headteacher

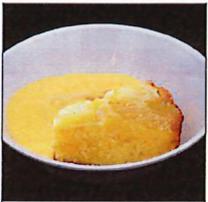
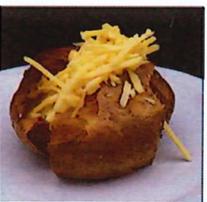
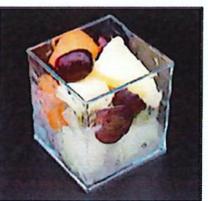
MENU - WEEK ONE

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Pork Sausages served with Mash Potato, Peas and Coleslaw</p>	 <p>Vegan Quorn Cumberland Sausage served with Mash Potato, Peas and Coleslaw</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Lemon Sponge with Custard</p>
TUESDAY	 <p>Beef Lasagne served with Herby Potatoes, Salad and Sweetcorn</p>	 <p>Vegetarian Lasagne served with Herby Potatoes, Salad and Sweetcorn</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Shortbread</p>
WEDNESDAY	 <p>Roast Chicken served with Gravy, Roast Potatoes, Carrots and Green Beans</p>	 <p>Cauliflower Broccoli Cheese Bake served with Gravy, Roast Potatoes, Carrots and Green Beans</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Iced Chocolate Sponge</p>
THURSDAY	 <p>Turkey Enchilada served with Rice, Broccoli and Sweetcorn</p>	 <p>Vegetarian Chilli served with Rice, Broccoli and Sweetcorn</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Apple Crumble with Custard</p>
FRIDAY	 <p>Fish Fingers served with Chips, Peas or Baked Beans and Ketchup</p>	 <p>Cheese and Bean Puff served with Chips, Peas or Baked Beans and Ketchup</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Fruity Friday</p>

Pasta is available on Monday, Wednesday and Friday.
 Jacket Potatoes are available on Tuesday and Thursday.
 All meals come with seasonal vegetables or salad of your choice.



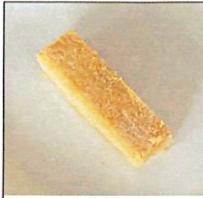
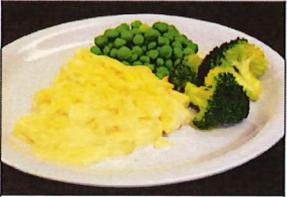
MENU - WEEK TWO

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Beef Burger in a Bun served with Potato Wedges, Salad and Coleslaw</p>	 <p>Cheese and Tomato Pinwheel served with Potato Wedges, Coleslaw and Salad</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Jam Sponge</p>
TUESDAY	 <p>BBQ Chicken served with Rice, Broccoli and Peas</p>	 <p>Vegetable Biryani served with Broccoli and Peas</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Oat and Sultana Cookies</p>
WEDNESDAY	 <p>Roast Turkey served with Gravy, Roast Potatoes, Carrots and Green Beans</p>	 <p>Vegetarian Cumberland Sausage served with Gravy, Roast Potatoes, Carrots and Green Beans</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Pineapple Upside Down Cake</p>
THURSDAY	 <p>Chicken Wrap served with Potato Wedges, Sweetcorn and Salad</p>	 <p>Margherita Pizza served with Potato Wedges, Sweetcorn and Salad</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Chocolate Brownie</p>
FRIDAY	 <p>Fish Fingers served with Chips, Peas or Baked Beans</p>	 <p>BBQ Vegetable & Bean Wrap served with Chips, Peas or Baked Beans</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Fruity Friday</p>

Pasta is available on Monday, Wednesday and Friday.
 Jacket Potatoes are available on Tuesday and Thursday.
 All meals come with seasonal vegetables or salad of your choice.



MENU - WEEK THREE

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Cheese and Ham Pizza served with Potato Wedges, Salad and Coleslaw</p>	 <p>Mixed Bean Fajita served with Potato Wedges, Salad and Coleslaw</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Shortbread</p>
TUESDAY	 <p>Mexican Chicken served with Rice, Peas and Broccoli</p>	 <p>Macaroni Cheese served with Rice, Peas and Broccoli</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Chocolate Sponge with Custard</p>
WEDNESDAY	 <p>Toad In the Hole served with Gravy, Mashed Potatoes, Carrots and Green Beans</p>	 <p>Vegetarian Mince Cobbler served with Gravy, Mashed Potatoes, Carrots and Green Beans</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Banana Tray Bake</p>
THURSDAY	 <p>Pasta Bolognese served with Broccoli and Sweetcorn</p>	 <p>Vegetable Enchilada served with Rice, Broccoli and Sweetcorn</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Chocolate Cookie</p>
FRIDAY	 <p>Fish Fingers served with Chips, Peas or Baked Beans and Ketchup</p>	 <p>Vegetable Fingers served with Chips, Peas or Baked Beans and Ketchup</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Fruity Friday</p>

Pasta is available on Monday, Wednesday and Friday.
 Jacket Potatoes are available on Tuesday and Thursday.
 All meals come with seasonal vegetables or salad of your choice.



JACKET POTATOES / PASTA

Jacket Potatoes are available on Tuesday and Thursday.

Pasta is available on Monday, Wednesday and Friday.

What will you choose to fill your Jacket Potato with?

Tuna Mayonnaise, Cheddar Cheese or Baked Beans



Jacket Potato with
Tuna Mayonnaise



Jacket Potato with
Grated Cheddar Cheese



Jacket Potato with Beans



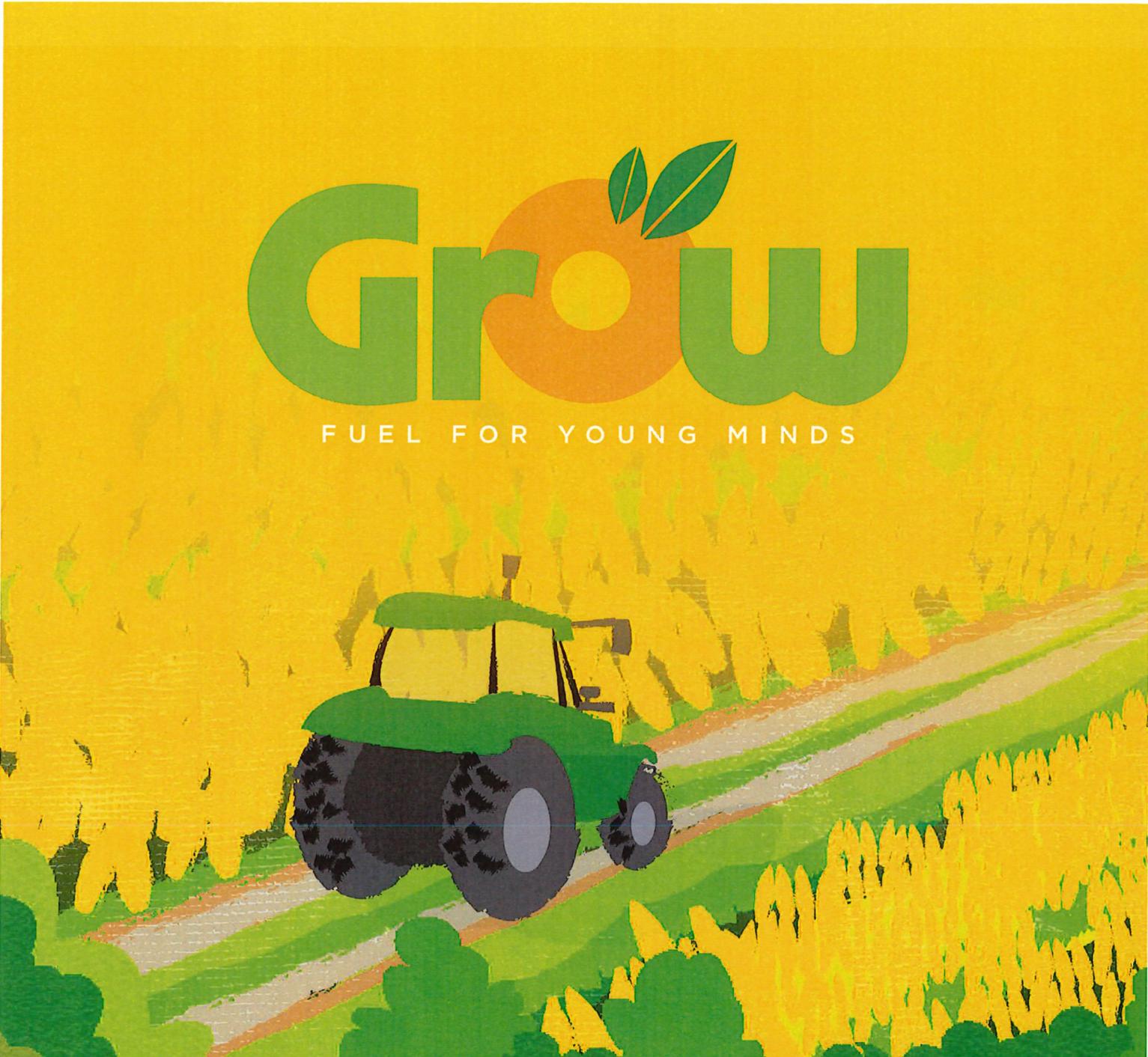
Pasta with Tomato
and Basil Sauce

All meals come with seasonal vegetables or salad of your choice.



Grow

FUEL FOR YOUNG MINDS



Calmore Junior School menu

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced & professionally created lunches made from the highest ingredients, including free-range, organic & MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British Farm Assured Meat. Are Nut Free, Peanut Free & Shellfish Free.

