



# FRIDAY FOCUS

For more information about the school, please visit our website at [www.calmorejunior.co.uk](http://www.calmorejunior.co.uk)

*Have a look at updates on our Calmore Junior School FACEBOOK and INSTAGRAM pages.*

**Friday 18<sup>th</sup> October 2024**

Dear Parents and Carers,

## Parents' evenings

Thank you to you all who came this week to chat to the class teachers. I hope that you were pleased with the progress that the children have made so far and that they have all settled so well into their new classes.

## Sporting Success



### Y5/6 Girls Football

The turn of our Year 5/6 girl footballers on Wednesday as they braved the rain at Applemore. A squad of 10 competed against 14 other school teams and played some fiercely competitive matches - 8 in total, conceding just one goal all afternoon! The great thing about the team was their willingness to listen to each other, share ideas and grow in confidence in order to choose their own line ups and formations.

Once the final ball was kicked, the girls had managed to win 2 games and draw 5, narrowly missing out on a gold medal. So proud of you all - the smiles say it all! Girl Power!

### Y5/6 Boys Football

Wow! We had wondered how we could follow last season's success but we shouldn't have worried. Yesterday, eight wonderful young footballers represented the school with great ability but even better camaraderie. Playing three matches, each and every player gave their all and supported each other throughout. In tight and really competitive games, the boys never gave up, winning their opening match then narrowly losing the second and third. What made us most proud was their attitude to falling behind - they rolled up their sleeves and gave it even more effort. Not once did they look to blame someone else, argue with each other or shout at decisions. Instead, they played football the right way - playing out from the back and trying to link up with teammates in better positions. It was a treat to referee matches like these and they were the perfect advert for youth football. Some of the older, professional players could learn a thing or two from our pupils. Superb!



## Email contact with school

To contact the school, please use [adminoffice@calmore-jun.hants.sch.uk](mailto:adminoffice@calmore-jun.hants.sch.uk) Thank you.

## Uniform

Please ensure that children's jumpers, cardigan and coats are named. We are getting so many handed into the office without names. We can only return them to the right person if they are named. Thank you

## E safety

This week our assembly theme has been keeping safe online. Mr Darch shared the age restriction of many popular APPS with the children. He also talked about why it is a good idea to leave phones downstairs at bedtime. Screens at night can cause sleep deprivation, which can lead to health problems. In addition, staring at a glowing screen right before sleep stops the release of the hormone **melatonin**, which helps you fall asleep and then stay asleep.

Advice.....for your child.

- Get enough good-quality sleep. Leave phones outside the bedroom when it is bedtime.
- Talk about sharing photos and information online, and how photos and words are sometimes manipulated.
- Make sure you and your children are aware of and abide by their school's policy on screen time.
- Take a break after a couple of hours sitting or lying down using a screen.
- Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.
- Talk with your children about using screens and what they are watching. A change in behaviour can be a sign they are distressed - make sure they know they can always speak an adult if they feel uncomfortable with screen or social media use.
- Consider screen-free meal times so you can have face-to-face conversations, with adults giving their full attention to children.
- Try using features on some devices and platforms to keep track of time spent looking at screens or on social media.

## Cyber Security

From financial scams, identity theft, using public Wi-Fi and much more, cyber security is fundamental to all of our lives. Internet Matters have put together a number of articles and resources for parents and their children, which go into these topics including:

- Creating secure accounts.
- Phishing and ransomware.
- Digital piracy, .....and so much more!

You can find all the resources [HERE](#).

## Reading for pleasure

If you can encourage your child to read for pleasure, they will really reap the benefits. It might not seem like a particularly important task, but actually, research shows that reading for pleasure can be directly linked to children's success throughout their time at school and even into adulthood. Reading for pleasure opens up new worlds for children. It gives them the opportunity to use their imagination to explore new ideas, visit new places and meet new characters. Interestingly, reading for pleasure also improves children's well-being and empathy. It helps them to understand their own identity, and gives them an insight into the world and the views of others.

**Here are some ideas for encouraging your child to read for pleasure:**

- **Set aside a special time** - just a few minutes a day is enough to create a reading habit.
- **Get caught reading yourself** - show that reading for pleasure is not just for children.
- **Read to each other** - if your child really doesn't want to read on their own, then read together. You read a page, and then they read a page. Alternatively, one of you could read any dialogue. Be brave and put on different voices.
- **Value the books they choose to read** - all reading is valuable for a child's development. Some of us prefer non-fiction; some of us prefer comics. One child might like superhero books; another might a book of football statistics.
- **Set a challenge** - can they read ten books before they're ten? Can they read a book from six different genres: a comic, an information book, a funny book, a sci-fi book, a classic and an instruction manual?
- **Reading buddies** - reading to a younger sibling can boost your child's self-confidence and communication skills.
- **Audiobooks** - audiobooks allow children to experience a book above their own reading level. It also allows you to share a book together or make the most of those car journeys. Listening to a story over and over again can improve vocabulary and encourage deeper comprehension.
- **Read-a-thon** - join a sponsored reading event to raise money for charity.
- **Stage and screen** - use your child's favourite films or games as a springboard into reading. Knowing the characters and storyline can be a helpful bridge into reading a longer story.
- **Book club** - find out about local book club.

### **LOST KITTEN**

A very small black kitten has been found on the playground. We have taken it to Vets for Pets. Please contact them if it is your kitten.



## CJSA events

### Disco

We are holding a disco on Thursday 24<sup>th</sup> October from 4-5pm. Children may dress up in Halloween costumes. Refreshments are available to buy. Please can the children bring NO more than £5 to spend (in coins) Tickets can be purchased from the school office.



## What have we been learning this week?

Each week, we share what we have been learning in class.

**Year 3** - This week we have started our multiplication and division learning journey in maths. We have been using arrays and number lines to calculate. Next week, we are introducing the 3 and 4 times tables and solving simple problems. After half term we are beginning our weekly times tables tests. We begin with 10s, 2s and 5s (revision from Key Stage 1) and progress onto 3s, 4s and 8s. You will receive a separate letter about this.

In English, we have now completed, edited and evaluated our beans on toast recipe. What a brilliant set of recipes we have.

In RE, we are learning about the concept of 'Belonging' and what it means to us as individuals when we belong to families, clubs and schools. The religion we are focusing on is Islam and we will be finding out about the 5 pillars and how prayer gives Muslim a sense of belonging.

**Year 4** - This week in English, we have planned and written our letters from our own choice of stationery from our pencil cases to ourselves to complain about how they have been treated! In maths, we have learnt how to add and subtract using money. In DT, we have designed and begun to make our own hand puppets.

Next week in maths, we will be learning about the key facts in measurement. In English, we will be editing and evaluating our writing. In DT, we will be continuing our puppets and then sharing them with Caterpillars next Thursday.

We look forward to seeing you all at our exit point on Thursday 24<sup>th</sup> October at 8.45am so that we can share all our learning with you.

**Year 5** - In year five this week we have been writing our apology letters to our abandoned crayons in English. We have begun to learn about equivalent fractions in maths, and in guided reading we have begun the Hampshire Illustrated Book awards by reading The Hunt for the Giant Arctic

Jellyfish. We have been relaxing in our Egyptian yoga lessons in preparation for our exit point which involved Egyptian Orienteering! We are looking forward to the last week of term!

**Year 6** - This week, in English, we have been planning, writing and editing our speeches, written from the perspective of the Minotaur to inform and persuade people of our innocence! In maths, we have been developing our written methods of multiplication and division. We have also completed our Bikeability Level 1 training today and we're looking forward to competing Level 2 next week! Next week, we will also be starting to use Modroc to create some Greek bowls, based on the work of the artist Trevor Baird.

## Celebration and awards

Each Friday, we have a celebration assembly where we highlight some of the children who have worked really hard and displaying our learning. The following children were awarded



### Head Teacher's Awards

Yr 3: Lucas C and Dexter

Yr 4: Sienna and Louis

Yr 5: Ivan and Ellie-May

Yr 6: Leyton and Florence

### ACTIVE Awards

Yr 3: Bella B and Daisy

Yr 4: Lockie and Spencer

Yr 5: Robyn and Caelan

Yr 6: Harrison and Robyn

### Vending machine winners.

### **Congratulations....**

... to these children whose names were pulled out of the 'hat' and who chose a prize from the vending machine this week. All of the children in the draw made it onto the gold section of the behaviour chart during the week. Well done.

3ED- Toby    3CB Jemima

4AV - Dominic    4LD Aria

5SJ - Oscar    5LP Maddie

6HS -Isla    6JH Alfie

### Reading Certificates

**BRONZE** reading certificates awarded to:

**SILVER** reading certificates awarded to:

**GOLD** reading certificates awarded to:

**PLATINUM** reading certificates awarded to:



**Congratulations!** Research proves that regular reading has a huge impact on a child's academic future. Those that read more, do better at school and in life.



# Diary Dates

**RED** year 3,

**YELLOW** year 4

**GREEN** year 5,

**BLUE** year 6

**PURPLE**- all year groups



Event	Date	Time
Year 4 Exit point	Thursday 24 <sup>th</sup> October	8:45 am
Year 6 Exit point	Thursday 24 <sup>th</sup> October	9am
Year 6 Bikeability	Fri 18 <sup>th</sup> - Mon 21 <sup>st</sup> & Tues 22 <sup>nd</sup> Oct	
Last day of the half term	Thursday 24 <sup>th</sup> October	All day
Halloween Disco	Thursday 24 <sup>th</sup> October	4-5pm
Half term	Monday 28 <sup>th</sup> Oct- Friday 1 <sup>st</sup> Nov	All week
Year 6 Height & Weight	Friday 15 <sup>th</sup> November	-
INSET days 2024/2025	Friday 25 <sup>th</sup> October 2024 Fri 14 <sup>th</sup> February 2025    Mon 21 <sup>st</sup> and Tues 22 <sup>nd</sup> July 2025	

*Have a wonderful weekend.*

*Miss Cathy Ingram, Headteacher*

## REMINDERS

### PE days for Autumn 1

Please can the children come into school in their PE kit on these days.

**Year 3**      **Thursday and Friday**

**Year 4**      **Monday and Friday**

**Year 5**      **Tuesday and Wednesday**

**Year 6**      **Monday and Wednesday**



### Communication



We will communicate most of our information through Parentmail. Unfortunately, we are not able to receive messages back through this or

through Arbor so please email us on [adminoffice@calmore-jun.hants.sch.uk](mailto:adminoffice@calmore-jun.hants.sch.uk)



## SCHOOLS DAY AT THE SILVERLAKE



JOIN US FOR EASTLEIGH FC VS BOSTON UNITED ON SATURDAY 26TH OCTOBER AS WE CELEBRATE THE YOUTH OF OUR LOCAL COMMUNITY

**ALL TICKETS 50% OFF!**

FOR SCHOOL CHILD AND ALL ACCOMPANYING FRIENDS AND FAMILY

THE SCHOOL WHO SELLS THE MOST TICKETS RECEIVES A SIGNED SHIRT FROM THE FIRST TEAM!



SCAN HERE

BOOK YOUR TICKETS NOW AT [BIT.LY/SCHOOLS50](https://bit.ly/schools50)  
USING CODE: "SCHOOLS50"

ANY QUESTIONS PLEASE EMAIL: [JNACE@EASTLEIGHFC.COM](mailto:JNACE@EASTLEIGHFC.COM)



# OCTOBER

## HALF-TERM HOLIDAY FOOTBALL COURSES

AT EASTLEIGH FOOTBALL CLUB,  
STONEHAM LANE, SO50 9HT  
9AM - 3PM | AGES 6-13



MON 28TH OCT - FRI 1ST NOV  
£20 PER DAY  
£80 FOR THE WHOLE WEEK



BOOK YOUR PLACE ONLINE



SCAN HERE

FREE TICKETS AVAILABLE FOR FIRST TEAM FIXTURES!  
FUN FOOTBALL PRIZES  
MEET FIRST-TEAM PLAYERS

ANY QUESTIONS?  
CONTACT JOHN RACE [JNACE@EASTLEIGHFC.COM](mailto:JNACE@EASTLEIGHFC.COM)

Presented by The Watering Hole Community Church

# Flourish

CAFE

Join us for afternoon tea and explore creative ways to thrive and flourish.



Saturday October 26th at 3PM in Calmore Junior School Hall

OPEN FOR ADULTS AND CHILDREN

For more info: [info@thewateringhole.org.uk](mailto:info@thewateringhole.org.uk) or <https://www.thewateringhole.org.uk>  
FREE event but booking essential by October 22th, reservation made by email [info@thewateringhole.org.uk](mailto:info@thewateringhole.org.uk)

