
Breakfasts on offer include:

Cereal,

Toast,

Fruit, Yogurt,

Bacon Rolls,

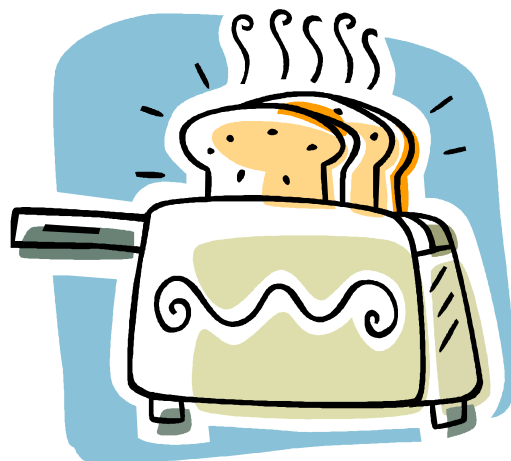
Beans on Toast ,

Eggs,

Pancakes, Bagels

Fruit Juice

and any other healthy requests.



**Calmore Junior
School**

CALMORE DRIVE
CALMORE
SOUTHAMPTON
SO40 2ZZ

Phone: 023 8086 5354

Fax: 023 8087 2946

E-mail: adminoffice@calmore-jun.hants.sch.uk



**CALMORE
JUNIOR SCHOOL
BREAKFAST
CLUB**



7.45 — 8.30 AM

Breakfast Club

Would you like your child to join our club? It has now been running successfully for over 16 years and we have spaces available.

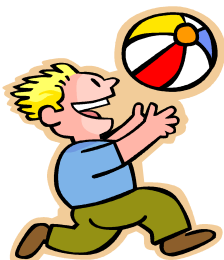
The club runs from 7.45am Monday to Friday and is open to both Infant and Junior School children.

Each session costs £5.50 for the first child and £5.00 for each additional child. This includes breakfast and supervised activities.

Bookings must be made 48 hours in advance, the system will not let you book sessions for the next day. Once your child is registered bookings can be made online via the SCOPAY app or website.

Bookings can be made for individual days or complete weeks to suit your requirements.

If you would like more information or a booking form please contact the Junior School office.



Reported benefits of sending your child to a breakfast club:



- Eating breakfast has been shown to improve children's problem solving abilities, their memory, concentration levels, visual perception and creative thinking
- International studies have shown that punctuality and school attendance improve when breakfast is provided.
- Study Support – children who attend benefit through the development of personal and interpersonal skills, self esteem, confidence and motivation to learn.
- Eating a healthy balanced diet is crucial to everyone's health needs, especially children.
- Breakfast is the most important meal of the day and yet surveys reveal 1 in 10 children regularly miss breakfast.
- Breakfast provides the ideal opportunity for children to begin the day by eating bread, cereals and fruit which are all important elements of a healthy balanced diet.

Increasing numbers of parents work outside the home and often need before-school provision for their children.

Conditions of booking.

Payment and Booking should be made a week in advance to reserve a place.

If your child is ill and will be absent from school, providing you notify the school by 7.45 am, you will be given a credit for the session. Cancellation for reasons other than sickness will only be eligible for credit if the school receives notification at least 24 hours in advance.

School Telephone Number: 023 8086 5354

Children should arrive between 7.45am and 8.00am and be taken to the Breakfast Club room for registration.

An emergency contact number and details of special dietary requirements and medical conditions should be given to the School Office prior to your child joining the club.

