

NON CONTACT KARATE TAUGHT BY FULLY QUALIFIED INSTRUCTORS



**EVERYONE WELCOME
FROM 4 YEARS OLD**



**WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. ALL
CLASSES ARE FRIENDLY, INFORMATIVE &
CATER TO THE INDIVIDUAL NEEDS OF THE
STUDENT.**



**CALMORE JUNIORS
WEDNESDAYS 07.30AM – 08.30AM
£6.00 PER CLASS – PAY AS YOU GO
MEMBERSHIP REQUIRED AFTER FIRST CLASS £27 PER YEAR**

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKARATE.ORG

FOR MORE INFORMATION AND TO BOOK YOUR PLACE

EMAIL: info@southernkarate.org

Tel: 07764 478507



**Child Protection
in Sport Unit**

